

# Abstracts

## Speakers & Panels

### **Keynote Speech: Professor Alissa Goodman**

*Thursday 15 June, 14:30 – 15:30*

*The Light*

### **Birth cohort studies: the power of longitudinal data for understanding the long roots of childhood, informing policies, and generational change**

In this talk Alissa will demonstrate how the UK's birth cohort studies are being used to address some of the major social and policy questions of our time. She starts by showing how they have illustrated the long roots of childhood experience on later in life, with some examples demonstrating the importance of tackling childhood mental health problems, and developing strong social and emotional skills early in life. She will show how they are illuminating some of the striking generational changes occurring in our society, including in incomes, mental health, and obesity. Finally, she will talk about their power for informing policies, providing examples of where they've made a big impact on topical issues of today.

### **Panel Session: Careers Planning**

*Thursday 15 June, 12:00 – 13:00*

*The Light*

We will be joined by a panel of post-PhD speakers discussing their career paths after doctoral study. Our three speakers have each taken different career routes: one in a research role, one in a teaching role and one now working outside the university. They will be sharing the lessons they have learned and there will be a chance for delegates to pose their own questions to the panel.

Our panel includes Dr Heather Rolfe from National Institute of Economic and Social Research (NIESR), Dr Cathy Elliott, a senior teacher fellow in Qualitative Research Methods and International Development (<https://www.ucl.ac.uk/political-science/people/research-students/cathy-elliott>) and Dr Richard Freeman, deputy director of the Bloomsbury DTC. Professor Andrew Tolmie will chair this panel.